

Thank you for downloading our program.

Please follow the instructions below carefully.

When you run the program for the FIRST time you will need to enter a username and password. Please enter the following:

Username type: **user**

Password type: **healthsoft**

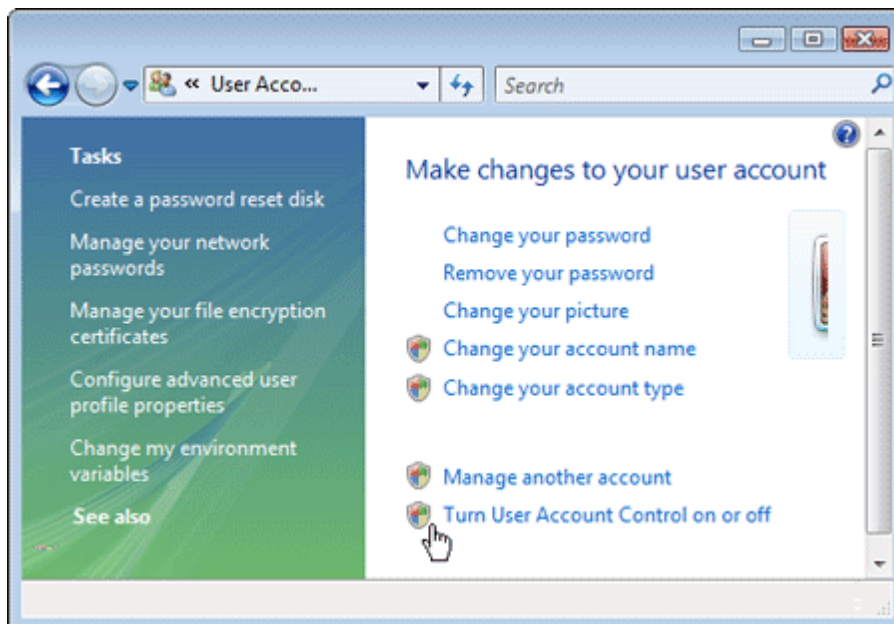
During the setup process you will also create your own unique username and password. Make SURE you remember this!! You will need your own unique username and password every time you start the program.

*******Windows Vista Users Turn UAC OFF*******

User Account Control prevents certain files from being registered in Windows Vista... Please turn UAC OFF before installing (reboot of computer is required). Follow instructions below:

Method 1 - Using Control Panel

1. Click Start and then open Control Panel.
2. In the Control Panel, click User Accounts and Family Safety.
3. Click User Accounts.
4. Click Turn User Account Control on or off.



5. Clear the tick or check mark on the box beside the Use User Account Control (UAC) to help protect your computer option.

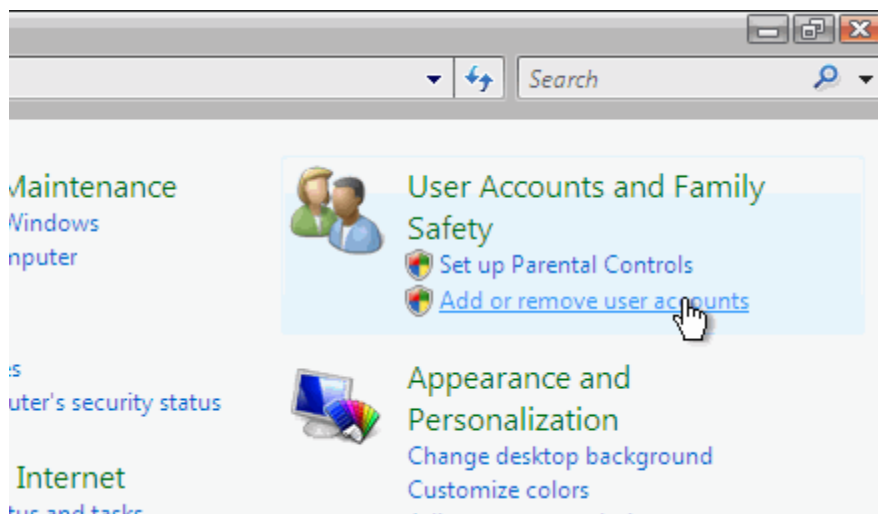


6. Click OK.
7. When prompted, restart the computer. Note that the changes will affect all users on the computer.
8. To enable the UAC, simply tick or select the checkbox again.

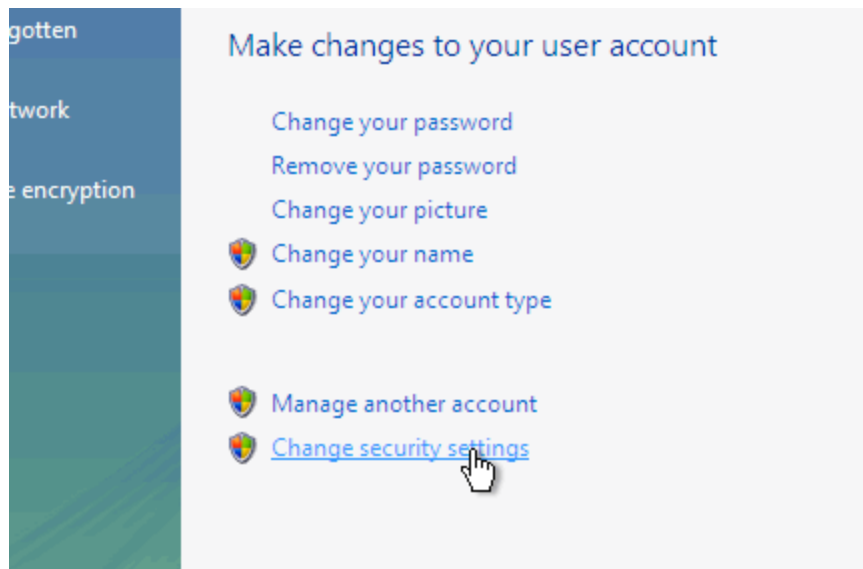
Method 2 - Using Control Panel on Single User

A similar method with method 1, but access to UAC via a user account.

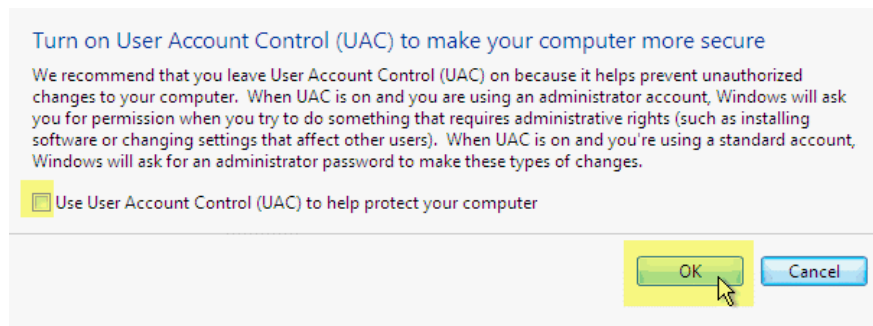
1. Click Start and then open Control Panel.
2. In the Control Panel, click User Accounts and Family Safety.
3. Click on Add or remove user account option.



4. Click to select any user account.
5. Click Go to the main User Account page.
6. Click Change security settings under “Make changes to your user account” section.



7. Clear the tick or check mark on the box beside the Use User Account Control (UAC) to help protect your computer option.



8. Click OK.
9. When prompted, restart the computer. Note that the changes will affect all users on the computer.
10. To enable the UAC, simply tick or select the checkbox again.

I hope you enjoy the program! Please feel free to give any comments and/or suggestions.

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